

DOCUMENT #1
Vermont Futures Project
Handout - Recovery Programming Planning Meeting
June 12, 2009

SUMMARY
POSSIBLE PRINCIPLES FOR SECURE RECOVERY RESIDENCE (SRR)

SAMHSA Consensus Statement of Fundamental Components of Recovery

- Self-direction
- Individualized and Person-Centered
- Empowerment
- Holistic
- Non-Linear
- Strengths-Based
- Peer Support
- Respect
- Responsibility
- Hope

NAMI Mental Health Recovery statement

- Seeing people as whole persons beyond their label
- Wellness and health promotion
- Fundamental rights and needs, away from coercion
- Diversity
- Re-education of all on potential for recovery
- Hope and empowerment

- Parity of decision-making
- Adequate resources for consumer voice and leadership

New Freedom Commission Report

- People can and do fully recover
- Self-Determination
- Empowering Relationships
- Meaningful Roles in Society
- Eliminating Stigma and Discrimination